





















Ariégeoise 142 km 3903m D+

								
		Tarascon	0	08:00	08:00	08:00	08:00	08:00
		La Charmille	9	08:14	08:15	08:16	08:18	08:20
		Col de la Lauze	28	08:53	08:58	09:04	09:13	09:27
		Montferrier	32	08:58	09:03	09:09	09:18	09:33
		Col de Montségur	37	09:12	09:19	09:29	09:41	10:03
		Belesta	51	09:28	09:35	09:45	09:57	10:22
		Col de la Croix des morts	58	09:46	09:58	10:10	10:27	10:59
		Espezel	68	10:02	10:14	10:26	10:44	11:21
		Gesse	86	10:29	10:41	10:57	11:20	12:01
		Mijanes	102	11:03	11:20	11:44	12:13	13:05
		Col de Pailheres	112	11:39	12:04	12:33	13:12	14:21
		AX les Thermes	132	11:58	12:23	12:52	13:32	14:41
		Ax 3 Domaines	141	12:27	12:56	13:32	14:18	15:41