

L'ARIEGEOISE 2020

Départ: 08:00:00

ITINERAIRE	VOIE	Kilometrage		Altitude	Dénivelé +		Estimation des Horaires de Passage						
		Partiel	Cumulé		Partiel	Cumulé	33 Km/h	30 Km/h	27 Km/h	24 Km/h	21 Km/h	18 Km/h	17 Km/h
Tarascon sur Ariège 	D618		0,0	483			08:00	08:00	08:00	08:00	08:00	08:00	08:00
La Charmille	D618	9,5	9,5	468	64	64	08:14	08:16	08:17	08:19	08:22	08:26	08:28
Nalzen	D117	11,5	21,0	636	181	245	08:34	08:37	08:41	08:47	08:53	09:02	09:06
Croisement D117/D509	D117/D509	4,5	25,5	569	7	252		08:44	08:49	08:55	09:03	09:13	09:17
Villeneuve d'Olmes	D9	1,5	27,0	615	63	315	08:43	08:47	08:52	08:59	09:07	09:19	09:23
Montferrier	D9	2,0	29,0	677	64	379	08:47	08:52	08:57	09:04	09:14	09:26	09:31
Col de Montségur  	D9	4,5	33,5	1059	368	747	09:08	09:15	09:23	09:34	09:47	10:05	10:12
Fougax et Barrineuf	D9	9,5	43,0	558	5	752	09:18	09:25	09:35	09:47	10:02	10:22	10:31
Bélesta	D9	5,0	48,0	501	2	754	09:24	09:33	09:43	09:56	10:13	10:35	10:44
Col de la Croix des morts  	D16	7,0	55,0	899	395	1149	09:44	09:54	10:07	10:23	10:43	11:10	11:22
Croisement D29/D613	D29/D613	7,0	62,0	908	76	1225	09:55	10:06	10:20	10:37	11:00	11:30	11:42
Espezet D615/D29	D615/D29	2,0	64,0	896	7	1232	09:58	10:09	10:24	10:42	11:05	11:35	11:48
Croisement D29/D20	D29/D20	5,0	69,0	750	20	1252	10:03	10:16	10:31	10:50	11:14	11:46	11:59
Rodome	D20	4,0	73,0	920	213	1465	10:13	10:26	10:42	11:02	11:28	12:03	12:17
Aunat 	D20	2,0	75,0	929	31	1496	10:16	10:29	10:46	11:07	11:33	12:09	12:23
Gesse D20/D118	D20/D118	8,0	83,0	554	26	1522	10:24	10:38	10:56	11:18	11:46	12:24	12:39
Rouze	D25	12,0	95,0	967	413	1935	10:43	10:59	11:19	11:44	12:16	12:58	13:16
Mijanès 	D25	2,0	97,0	1122	155	2090	10:51	11:08	11:28	11:55	12:28	13:13	13:31
Col de Pailhères  	D25	11,0	108,0	2001	847	2937	11:37	11:58	12:25	12:58	13:41	14:37	15:01
Ascou-Pailhères	D25	14,0	122,0	980	5	2942	11:49	12:12	12:40	13:15	14:00	15:00	15:25
Croisement D25/D613	D25/D613	1,0	123,0	944	0	2942	11:50	12:13	12:41	13:16	14:02	15:02	15:27
Col du Chioula  	D613	7,0	130,0	1427	483	3425	12:14	12:39	13:10	13:49	14:39	15:45	16:13
Col de Marmare	D623/D2	2,0	132,0	1343	0	3425	12:16	12:42	13:13	13:52	14:42	15:49	16:17
Caussou	D2	11,0	143,0	856	0	3425	12:28	12:54	13:27	14:08	15:00	16:10	16:39
Lordat	D20	5,0	148,0	896	84	3509	12:36	13:03	13:37	14:19	15:13	16:25	16:55
Endoumens D20/D120	D20/D120	9,0	157,0	881	129	3638	12:49	13:18	13:53	14:37	15:34	16:50	17:21
Les Cabannes 	D120/D522	5,0	162,0	536	0	3638	12:54	13:23	13:59	14:44	15:41	16:58	17:30