






## Elles font l'Ariégeoise 2021

Départ : 8:50:00

|  | Itinéraire          | Voie      | Kilometrage |        |          | Dénivelé + |        | Estimation des Horaires de Passage |            |            |            |            |            |            |
|--|---------------------|-----------|-------------|--------|----------|------------|--------|------------------------------------|------------|------------|------------|------------|------------|------------|
|  |                     |           | Partiel     | Cumulé | Altitude | Partiel    | Cumulé | 34<br>Km/h                         | 31<br>Km/h | 29<br>Km/h | 25<br>Km/h | 22<br>Km/h | 19<br>Km/h | 16<br>Km/h |
|    | Tarascon sur Ariège | D618      |             |        | 483      |            |        | 8:50                               | 8:50       | 8:50       | 8:50       | 8:50       | 8:50       | 8:50       |
|  | La Charmille        | D618      | 9,5         | 9,5    | 468      | 64         | 64     | 9:06                               | 9:08       | 9:09       | 9:12       | 9:15       | 9:19       | 9:25       |
|  | Nalzen              | D117      | 11,5        | 21     | 636      | 181        | 245    | 9:28                               | 9:32       | 9:35       | 9:42       | 9:49       | 9:58       | 10:11      |
|    | Freychenet          | D209 bis  | 4           | 25     | 764      | 184        | 429    | 9:36                               | 9:41       | 9:44       | 9:53       | 10:02      | 10:13      | 10:29      |
|    | Celles              | D209      | 6           | 31     | 469      | 0          | 429    | 9:42                               | 9:47       | 9:51       | 10:00      | 10:10      | 10:23      | 10:40      |
|  | La Charmille        | D117      | 4           | 35     | 468      | 0          | 429    | 9:49                               | 9:54       | 9:59       | 10:10      | 10:21      | 10:35      | 10:55      |
|  | Bompas              | D618      | 7           | 42     | 472      | 37         | 466    | 10:01                              | 10:08      | 10:13      | 10:27      | 10:40      | 10:57      | 11:21      |
|  | Pas de Soulobrié    | D20       | 8           | 50     | 885      | 428        | 894    | 10:20                              | 10:29      | 10:35      | 10:52      | 11:09      | 11:31      | 12:01      |
|  | Endoumens           | D20/D120  | 3           | 53     | 881      | 0          | 894    | 10:25                              | 10:34      | 10:41      | 10:59      | 11:17      | 11:40      | 12:12      |
|  | Les Cabannes        | D120/D522 | 5           | 58     | 536      | 0          | 894    | 10:29                              | 10:38      | 10:46      | 11:04      | 11:23      | 11:47      | 12:20      |